



TIME AND SPACE: USE THEM WISELY!

A Workshop by Master Charles Kim
President, The Peace School, Chicago

April 26, 2009 2:00 – 4:00 pm

Now more than ever, we must make each moment count.

Peace, whether on the individual, global or universal scale, begins with each one of us. In this time of rapid global transformation, even one more person's energy of peace can make a very real difference in the future of our planet.

At this workshop, learn to Peace Breathe in harmony with great nature, in tune with the rhythm of our planet. Learn the practice of 'fading away' to let go of negative influences and reveal your True Self in day to day life.

You will also have the opportunity to learn the Divinity IN – a practice of breath, sound and hand movements (mudra) to awaken to the divinity that already resides within. Learn to allow your life to flow with the movement of the universe!

AND...

Join us in the morning for the Call to Peace! At 11:00 am Master Kim will lead us in sending heartfelt wishes, thoughts or prayers for peace to every nation on earth. As each country is named we will put our voices together and say aloud, "Peace in [each country]". Our voices will carry the vibrations of peace, love, respect and compassion to all corners of the world. Be a part of this moving experience of creating the essential energy of peace and sending it out to our precious planet and all its life forms!